

**Appendix 9: Teaching Learning Scheme****Three Years Six Semesters Programme: Bachelor of Counseling and Psychotherapy with Major: ..... and Minor (NEP)****Faculty: Interdisciplinary Year- First Semester-I**

Sr. No.	Vertical No.	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hours	
					L	T	P	Total Hour	Credit offered		
** INDUCTION PROGRAMME BEFORE THE START OF CLASSES AS PER GUIDELINES OF THE UNIVERSITY											
1	(a & b)	Major and Minor (Theory)	BCAP 01	DSC I (T) Fundamentals of Psychology 1	2	---	----	2	2	2	Lecture, Tutorial and Credit + 1 if Practical are not prescribed
			BCAP02	DSC II (T) Introduction to Personality Theories 1	2	---		2	2	2	
			BCAP03	DSC III (T) Counselling Process, Skills and Techniques	2			2	2	2	
2*	(a & b)	Major & Minor (Practical/Laboratories)	BCAP1P	DSC I (P) Fundamentals of Psychology -1 Practical	---	---	2	2	1	2	If applicable
			BCAP2P	DSC II (P) Personality Trait Tests 1	---	-	2	2	1	2	
			BCAP3P	DSC III (P) Psychological Tests 1	---	-	2	2	1	2	
3	e	i. AEC	822206	English Language	2	-	-	2	2	2	
		ii. AEC	822207	Second Language / MIL	2	-	-	2	2	2	
4	e	Generic		IKS	1	-	-	1	1	1	
5	d	Vocational and Skill Enhancement Courses (VSEC)	822209	i. (SEC) Life Skills I Communication Skills in English	-	---	2	2	1	2	
			822210	Communication Skills in Second Language / MIL	-	-	2	2	1	2	
6	c	Generic / Open Elective (OE)		OE 1	2	-	----	2	2	2	
				OE 2	2	-	-	2	2	2	
7	f	Co-Curricular Courses		Fostering Social Responsibility and Community Engagement (NSS/UBA/NCC)	1	---	----	1	1	1	
				Field Work - Fostering Social Responsibility and Community Engagement (NSS/UBA/NCC)	...	---	2	2	1	2	
				TOTAL				28 + Induction Programme,	22	Assessment hrs = 33 to 35	

**L: Lecture, T: Tutorial, P: Practical/Practicum                      Total Credits offered: 22 (Max), Total credits to be earned: 20 (Min)**

**Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Modern Indian Language: MIL, Indian Knowledge System: IKS, Inter Faculty Specific Core: IFSC, Inter Faculty Specific Elective: IFSE, Theory : Th, Practical/Practicum: Pr, Environment Studies: ES, Pre- requisite Course mandatory if applicable: Prq, Laboratory: Lab,** Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses: VSEC; Vocational Skill Courses: VSC; Skill Enhancement Courses: SEC; Ability Enhancement Courses: AEC; Value Education Courses: VEC; OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP

Note: **Co-curricular Courses:** In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, yoga, sports, cultural, etc. These activities can be completed cumulatively during **Semester III, IV, V and VI. Its credits and grades will be reflected in semester VI credit grade report.**

**Elective Courses: Courses to be selected from the Basket of Courses provided by the University**

- \* If the Department Specific Courses do not have practical / practicum / laboratories, the learning hours & Credits shall be used for the respective Theory Courses.
- \*\* Completion Certificate of Induction Programme should be submitted by each student.
- \*\*\* O.E.-
  1. OE is to be chosen compulsorily from faculty other than that of the Major
  2. For those students who do not opt MARATHI language under any vertical, MARATHI will be mandatory as one of the options of OE/. (G.R. Marathi Bhasha No. 2018/pr.kr.50/bhasha-1, Date 14 March, 2024).

Teaching Days and Learning Hours	Learning Hours & Credits	Teaching Hours & Work Load
Minimum No. of teaching days = 90 Minimum Learning weeks per Semester = 17 (Minimum Learning Hours per Semester (NCrF) = 600) Minimum Learning Hours per week (NCrF) = 600/18 or 600/17 = 33 to 35	<i>For Theory / Tutorial - 1 Hour = 1 Credit</i> For Practical - 2 Hours = 1 Credit	For Theory – 1 Hour = Hour Work Load For Tutorial - 1 Hour = 1 x No. of batches work load and practical 2 Hour = 2 x No of batches work load

**Note:**

- The strength of the batch of the Practical for UG Classes shall be 16 with an addition of 10% with the permission of Hon’ble Vice Chancellor. However, for Music Discipline the batch size shall be of 7 students. The number of the students required to constitute a batch or calculate the workload shall be in accordance with the relevant Government Resolution in force at the time, applicable to specific time, region, course type, mode of instruction, and other pertinent factors.

**Three Years Six Semesters Programme: Bachelor of Bachelor of Counseling and Psychotherapy with Major: ..... and Minor (NEP)**  
**Faculty: Interdisciplinary Year- First Semester-II Level: 4.5**

Sr. No.	Vertical	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hrs.	
					L	T	P	Total Hours	Credit offered		
1	(a & b)	Major and Minor (Theory)	BCAP21	DSC I (T) Fundamentals of psychology 2	2	--	----	2	2	2	Lecture, Tutorial and Credit + 1 if Practical are Not Prescribed.
			BCAP22	DSC II (T) Theories of Personality 2	2	--	----	2	2	2	
			BCAP23	DSC III (T) Ethics in Counseling and Psychotherapy	2		----	2	2	2	
2*	(a & b)	Major/ Minor (Practical/Laboratories)	BCAP21P	DSC I (P) Fundamental of psychology Practical 2	--	--	2	2	1	2	If applicable
			BCAP22P	DSC II (P) Personality TraitTests 2	--	--	2	2	1	2	
			BCAP23P	DSC III (P) Psychological Tests 2	--	--	2	2	1	2	
3.	e	i. A.E.C.	822218	Language (English)	2	--	----	2	2	2	
		ii. A.E.C.	822219	Second Language / MIL	2	--	----	2	2	2	
4	e			Generic IKS	1	-	-	1	1	1	
5.	d	Vocational and Skill Enhancement Course (VSEC)	822221	i. SEC Life skills –II Professional Skills (Career Skills and Team Skills-I) – English Resume Skills, Interview Skills, Group Discussion Skills, Presentation Skills	—	-	2	2	1	2	
			822222	i. (Career Skills and Team Skills-II) - Second Language / MIL Exploring Career Opportunities Skills, Trust and Collaboration, Listening as a Team Skill, Brainstorming, Social and Cultural Etiquettes, Internal Communication	--	--	2	2	1	2	
6.	c	Generic / Open Elective (OE)		OE 3	2	--	----	2	2		
				OE 4	2	--	----	2	2		

7	f	Co-Curricular Courses		Course on Yoga Education/Fitness, Health and wellness/ sports/cultural activities/fine/applied/visual/performing arts	1	--	.....	1	1	1	
				Activities/Practical on Yoga Education/Fitness, Health and wellness/ sports/cultural activities/fine/applied/visual/performing arts	--	--	2	2	1	2	
				<b>TOTAL</b>	28 assessment+ Report writing hrs = 33 to 35				22		

**L: Lecture, T: Tutorial, P: Practical/Practicum**

**Total Credits offered: 22 (Max), Total credits to be earned: 20 (Min)**

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Year	Level	Semesters	Offered Credits	Minimum credits to be earned	If opted for exit
First	4.5	First and second	44	40	Additional Minimum 4 credits skill course or internship of minimum120 hrs in chosen discipline of Major and Minor courses. UG Certificate will be awarded in a discipline of internship/skill courses of 4 credits

Exit Option: After earning minimum 40 Credits from Semester I and II cumulatively, if the student prefers to opt for Exit Option,

**UG Certificate** shall be awarded in **any one of the DSC as Major** in which Additional 4 Credits are earned from the concerned DSC related NSQF aligned course/Internship/Apprenticeship/Field Project OR student may opt to continue further with Major and Minor.

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